



SELF CARE SUNDAYS

Prioritizing YOUR health and well-being

Food, friends, activities, and more for youth of color ages 14 - 24!

2:30 PM - 4:30 PM

Camphor Memorial United
Methodist Church

585 Fuller Ave, St Paul, MN 55103

June 12 - Cooking with Mimi

**June 26 - Imposter Syndrome with
Sannia**

July 10 - Shadow Selves with Kylei

**July 24 - Connecting with Ancestors
with Latrese**

August 7 - Dance with Alyssa

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IRREDUCIBLE
GRACE
FOUNDATION



*Bring
your
friends &
family*

